



# THE SARATOGA HOUSING Newsletter



*The mission of the Saratoga Springs Housing Authority is to assist low-income families with safe, decent and affordable housing as they strive to achieve social and economic opportunities, and to improve their quality of life. The Housing Authority is committed to operating in an efficient economical and ethical manner.*

March Newsletter 2020

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Issue 3



*The Saratoga Springs Housing Authority does not discriminate on the basis of age, race, color, gender, religion, handicap, sexual orientation, familial status, or national origin in employment or the provision of service.*

## Housing Authority Board of Commissioners

- Joanne Foresta, Chairman
- Michelle Roddy, Co-Chairman/Resident Commissioner
- Lucile Lucas, Chairman
- Stephen Sullivan, Commissioner
- Joy King, Commissioner
- Ann Bullock, Commissioner
- Richard Shipman, Resident Commissioner

## Board Meetings

The Board meets every third Thursday of the month, 2:30 pm @ Stonequist, no meeting in the month of August.

**Saratoga Springs Housing Authority: 518-584-6600**

## Our Staff

- Ext. 222 Paul Feldman, Executive Director
- Ext. 217 Cindy, Director of Finance
- Ext. 211 Katie, Director of Occupancy
- Ext. 210 Kathy, Executive Secretary
- Ext. 213 Lindsey, Occupancy Specialist
- Ext. 219 Jenna, Occupancy Specialist
- Ext 226 Jen, Housing Assistant
- Ext. 212 Art, Mod Coordinator
- Jon, Assistant Facilities Manager
- Chris, Maintenance Staff
- Chad, Maintenance Staff
- Ted, Maintenance Staff
- Josh, Janitorial Staff

**EMERGENCY MAINTENANCE  
PHONE NUMBER FOR PUBLIC  
HOUSING RESIDENTS  
(AFTER HOURS)  
857-1051**

## Notice

Articles published in the Saratoga Housing Newsletter do not necessarily represent an endorsement by the Saratoga Springs Housing Authority Board of Commissioners.

## RESIDENT COMMISSIONERS ELECTION

The election for Resident Commissioner of the Saratoga Springs Housing Authority Board of Commissioners, will take place on:

**Date: Wednesday, March 18, 2020**

**Time: 11:00AM to 2:00PM**

Ballots' may be cast in the Community Room at the Stonequist Apartments, or The JVT Resident Council Office at Building 24 Jefferson Terrace. Residents unable to vote on the day of the election shall be allowed to submit an absentee ballot **Three days** prior to the election. Such ballots must be in a sealed envelope and will not be opened until all ballots are cast and it is determined that the person did not vote. No absentee ballot will be accepted unless accompanied with a signed statement by the tenant stating his name, address and apartment number and that he is eligible to vote. Such statement shall also contain the reason the person cannot vote on the date of election. Election Regulations are posted in the 1<sup>st</sup> floor display case at Stonequist Apartments.

## Reminder-Visitors

The SSHA will continue its practice of towing unregistered vehicles who park in SSHA parking lots. Please ensure that if you are parking a vehicle in an SSHA lot that your vehicle is registered. If you plan on having an overnight visitor, you **MUST** go to the office to receive a visitor pass. Unregistered vehicles without a visitors parking pass **WILL** be towed. Thank you for your cooperation.

## Stonequist Annual Fire Alarm Testing

On March 3, 2020 Mahoney Alarm will be doing their annual fire alarm testing. They will be testing all smoke and heat detectors in the common areas and **ALL** in unit smoke detectors. This will require that SSHA and Mahoney Alarm personnel to get into every unit. This testing work is mandatory! The hallway fire "Gong" bells will be going off during test. This testing should be completed in one day but last year it did take two days.

## Monthly Calendar

- Tuesday March 10, 2020 – Residents meeting with Executive Director 10 am @ Stonequist Community Room
- Thursday March 12, 2020-Resident Council Meeting 3pm @ Stonequist Community Room
- Thursday March 19, 2020– Board Meeting 2:30 pm @ Stonequist

\*For more information, including locations, and time of these events please see the inside pages of this newsletter for details.



## Reminder:

Daylight savings time begins on Sunday, March 8<sup>th</sup>  
Don't forget to turn your clocks  
**AHEAD 1 hour!**

### Rabies Clinic

Held at the 4-H Training Center, 556 Middleline Road, Ballston Spa, N 12020

#### 2020 Clinic Dates

March 3<sup>rd</sup>, May 19<sup>th</sup>, July 7<sup>th</sup>, Sept 15<sup>th</sup>, Oct 20<sup>th</sup>

#### Times:

Cats 5:30-6:30-Must be in a carrier

Ferrets 5:30-6:30 Must be in a cage or carrier

Dogs 6:30-7:30 Must be on a leash

Free, however donations are accepted.



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## Stonequist News

### Stonequist Resident Counsel

Pres. Michelle R -Secretary Lynn J - Treasurer Cathy C-  
Resident Advocate - Bob Piorkowski - Resident Advocate  
Paula DeGears

(518) 290-6869 email: [stonequist.rc@gmail.com](mailto:stonequist.rc@gmail.com)

### \*Monthly Meetings

Our monthly Resident Council Meeting will be the second Thursday of every month at 3pm. We discussed a change at a couple recent meetings and residents felt this change would help more have the time to attend. It's so important to come and meet your council, advocates, commissioners, and especially your neighbors. Most important is to voice your matters because your voice does matter!

We have so much happening and residents are the reason and a huge part of how we are making things happen! We are excited about the growth in our community room in just the last few weeks! We are going to continue to grow and help all of us find our voice and know our worth! If you have ideas or concerns, resident council has an open door, closed mouth policy. We are working hard to get floor advocates (formerly floor captains) assigned to each floor, who are kind, compassionate & respectful. They will be there to assist neighbors if the need arises.

They, and one of the Resident Council members will be stop by each home to introduce ourselves, explain what we do and see what you may need or want to see here at Stonequist. We won't be able to stay for coffee but will take a donut for the road! Just kidding...we are looking forward to meeting everyone.

### Grub St. News

The crew wants to say thank you for coming to our Friday night lasagna dinner. We appreciate all your support!

**-Breakfasts & Lunches-** Breakfast will be served on Sundays from 10-12pm unless otherwise posted. Our lunches will be on Wednesday or Thursday and will be posted. Sometimes we are unable to get the menu posted early enough but we will always post when we will be. Exceptions are if we have other special events already booked but that to will be posted.

**-Thursday, March 5th Wings & Music Night-** Between 4pm-6pm dinner will be served. It will be wings, fries & beverage. 7pm a duo from Cafe Lenas "On the Road" Project will perform an acoustical set. Tickets are \$5.00 for dinner & \$2.50 for show performance only. Proceeds will be contributed to the Cafe Lena "On the Road".

**-Saturday, March 7th Cabbage & Ham Dinner-** Another amazing meal with be hosted by one of Grub St favorite cooks! \$5.00 for dinner and can purchase tickets ahead of time.

**-Grub St presents "But Coffee First" Coffee Bar-**We have had a coffee bar in the Community Room every day for the last week. We have been baking muffins & had donuts along with coffee, hot chocolate or hot tea. It's no charge but tips are needed to purchase items needed. As long as the tips keep coming, the coffee will stay brewing! Thanks, and hope you enjoy it!

## Our Community

We are so excited to have a newer look to our room! Many residents came together over the last few weeks to give our Community Room a fresher look! The library shelves were reorganized and cleaned. The games were checked for all pieces. Then we had contributions from several residents of a few newer books & games. The games are for use in the room only. There is a table designated specifically for card & board games. Several people meet a few times a week for card games. If interested, come on down anytime and find out what times. That table also provides some privacy if a resident needs to meet with a case worker, insurance rep or other people. Our puzzle table has been relocated so as to set under a light to make it easier seen and a longer table to spread puzzle pieces out more. Please come check it out! If you have any ideas on more ways we can make it more comfortable, please let Resident Council know.

### Saturday Movie Night

We have had a few movie nights and they have been a great success! A resident has had pizza contributed once a month & we thank the resident who provided us the amazing cake at one of them!

### NASCAR Sunday's

NASCAR race will be on Sundays at 3:30pm. The first two has a great turn out and lots of food! Thank you to everyone who came down! So, join us even if you don't like NASCAR, we have a lot of fun!

### Elks Club Food Program

We are working hard along with the Elks Club to provide a consist program of delivery and pickup. It is new program here and for the Elks Club. We appreciate everyone's patience and know this is very important to many of you. Unfortunately, we have an issue we need to address and fix. It seems that some applications were taken in by from a few residents that unfortunately do not qualify at this time. We are working to get out a letter setting forth the qualifications. If you still qualify, it is very important that you come see one of Resident Council to get a new application and fill it out so you can continue to participate in the program. We are very sorry about the inconvenience.

### \*\*IMPORTANT NOTICE!\*\*

There are several tables around our community room. There is only ONE table that on occasion has free items. PLEASE DO NOT take or handle things on other tables! Most are for decoration and are NOT for the taking. The free table is to the left of the entrance door.

### Monthly Birthdays

If you would like to be a part of the monthly birthday club, please see Paula or Cathy from Resident Council.

### Volunteers

Much of what Resident Council has been doing has been with the help of other residents. We have approximately 8 people who volunteer on a regular basis. We are so excited because strong friendships are being made which makes for a stronger community! Please if you can, come and join us! No matter your physical abilities, everyone is welcome!

### Monthly Services

- Every Tuesday 9am Hannaford Bus, 11am Walmart Bus
- Every Wednesday 12:15pm Price Chopper Van
- Every Friday Free produce at the Senior Center
- Every 2nd Tuesday 10am Resident Meeting with Housing Director
- Every 2nd Thursday 3pm Resident Council Meeting
- 2nd and 4th Wednesday 1pm The Egg Man
- 3rd Monday 1:30pm The Librarian comes. You can get books, DVDs and more to borrow.

### Dates to Save

- Thur Mar 5th Wing and Music Night starts at 4pm. Performance starts at 7pm.
- Thur Mar 12th @ 3pm Resident Council Meeting -Fri April 4th 3rd Annual Easter Egg Hunt. More details to follow!
- Wed Apr 22nd 11am-2pm 2nd Annual Health & Wellness Fair

We look forward to seeing and meeting you all! Be sure to come grab a coffee and muffin or a meal at Grub St. Feel and see all the changes being made on behalf of all our residents. Enjoy and please continue to share all ideas and also your concerns because we promise you, we will actively work for each one of our residents.



# Community Events and Announcements

## Steps to Success - Explore Courses for Adults

**When:** Thursday, Mar 5, 2020 4:00 PM to 5:00 PM

**Where:** Crandall Public Library, 251 Glen Street, In the Holden Room Glens Falls, NY 12801

**Cost:** FREE ADMISSION - Seats Are Limited, Pre-Register Online

**Event Description:** Looking to get your High School Equivalency? Interested in learning a Skilled Trade? Want to advance your career? Hear from our Adult Literacy & Employment Training for Adults Programs. Seats Are Limited, Pre-Register Online: Register: <https://forms.gle/KsV8BXqfYs3y56d66>

## Free Veterans Legal Clinic

**When:** Friday, Mar 6, 2020 9:00 AM to 12:00 PM

**Where:** New York State Military Museum, 61 Lake Avenue Saratoga Springs, NY 12866

**Cost:** FREE ADMISSION

**Event Description:** The Saratoga County Bar Association will host a free Veteran's legal clinic at the New York State Military Museum. Attorneys will be on hand to provide free legal consultations in diverse areas of law including Military Benefits, VA Claims, Labor & Employment, Divorce, Family & Matrimonial law, Elder Law & Medicaid Planning, Criminal Defense, Estate Administration.

## 2020 Hannaford Kidz Expo

**When:** Saturday, Mar 7, 2020 10:00 AM to 5:00 PM

**Where:** Empire State Plaza Albany, NY 12242

**Cost:** FREE ADMISSION

**Event Description:** The 15th Annual Hannaford Kidz Expo takes over the Empire State Plaza from 10 a.m. to 5 p.m. on Saturday, March 7 for a day chock full of entertainment and activities to keep your kids happy and on the go. Admission is FREE and there's something for kids of all ages! Throughout the seven Meeting Rooms, Convention Center, and the Empire State Plaza Concourse, you will find activities like meet and greets with beloved characters, theater performances, bounce rides, arts and crafts, mini-golf, and even reptiles! In addition to activities, this event features over 100 booths including children's camps, photographers, college savings plans, and more. For a full schedule and more highlights, visit the event's official website.

## Couples Connection Workshop

**When:** Saturday, Mar 14, 2020 3:00 PM to 5:00 PM

**Where:** KindNest, 1 Rosell Drive Ballston Lake, NY 12019

**Cost:** \$60

**Event Description:** *A perfect date-night activity! Join us for some relaxing and playful experiences, geared towards deepening your connection to your partner, then head out to dinner or back home to soak up the vibe!*

A nourishing and passionate relationship is one of life's greatest gifts. Join Jeanette and Scott Fultz for an afternoon of relaxing & playful experiences, geared towards deepening your connection to your partner. Unplug from the stress of your daily activities and nourish each other in both simple and profound ways, finding greater ease and balance in your relationship off the mat. We will explore: Couples Yoga, Couples Breathing & Meditation, Couples Massage, Couples Active Listening and Sharing. Register at [Kind-Nest.com/wellness-workshops](http://Kind-Nest.com/wellness-workshops). KindNest is conveniently located less than 1 mile from Northway Exit 10, less than a 20-minute drive from Troy, Saratoga and various other points within the Capital and Adirondack regions!

## 2020 Saratoga County Chamber Restaurant Week

**When:** Friday, Mar 20, 2020 until Thursday, Mar 26, 2020

See Below for Dates & Times

**Where:** Saratoga County, Saratoga Springs, NY 12866

**Cost:** Three-course meal for \$20 or \$30 (plus tax and tip)

**Event Description:** The Saratoga County Chamber of Commerce will host the 2020 Restaurant Week from Friday, March 20 to Thursday, March 26. Local restaurants will be offering a three-course meal for \$20 or \$30 (plus tax and tip) throughout the duration of restaurant week. 2 West Bar and Grille, 30 Lake, 30 Park, Andy's Adirondack Grille, The Blue Hen, Boca Bistro, Bookmakers at the Holiday Inn, The Brook Tavern, BWP (Beer Wine Pizza), Cantina, Carson's Woodside Tavern, Chez Pierre, Chianti Il Ristorante, The Diamond Club at the Embassy Suites, Dizzy Chicken, Dunning Street Station, Flatbread Social, Forno Bistro, Gennaro's Pizza Parlor, The Gideon Putnam, Hamlet & Ghost, Hattie's Restaurant, Henry Street Taproom, The Hideaway at Saratoga Lake, Lake Ridge Restaurant, The Local Pub & Teahouse, Longfellows, Mama Mia's, Morton's The Steakhouse, The Mouzon House, Nove, The Olde Bryan Inn, Panza's Restaurant, PJ's BAR-B-QSA, Prime at Saratoga National, Salt & Char, Scallions, Sperry's, Tatu, Thirsty Owl, Walt & Whitman Brewing Company, Wheatfields, The Wishing Well Restaurant.